

You've been invited to a party at Duncan Dynamics Gymnastics!

We are located at 2687 James St. in Duncan.

We are inside of the Island Savings Center.

Our entrance is on the front of the building, on James St, up the stairs from the bus stop.

This will be an ACTIVE party!!

Please wear proper gym attire!

(Shorts, track pants, leggings, sweatpants, with a t-shirt is best).

No snaps, buckles, zippers that could catch on equipment.

Long hair should be tied back completely off the face and neck.

Children will participate in bare feet.

Any warts, cuts, etc must be covered by athletic tape.

ENJOY THE PARTY!!

